



## Waterloo Lodge School

Dear Parents and Carers

# Options Autism



Part of Outcomes First Group

As part of your child's education at Waterloo Lodge School, we promote personal wellbeing and development through a comprehensive Relationships, Sex and Health Education (RSHE) programme. As a school, we follow a scheme of work that provides the pupils with the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential as well as meeting all the statutory requirements in the National Curriculum.

We are writing to let you know that all pupils will be undertaking RSHE lessons that will focus on the relationships and sex education aspect of the RSHE programme. These lessons will be delivered by the RSHE teacher, allowing pupils to learn in a safe and comfortable environment with adults they are comfortable to be around.

As a school, we are committed to supporting the needs of all our pupils and would like to assure you that these lessons are delivered in a sensitive manner by a class teacher who is fully qualified and aware of the needs and requirements of our pupils.

During these lessons, pupils will be given time to explore and ask questions around the topics covered in each year group. The content is age appropriate with resources that are child friendly, the content is built upon year after year. The main focus of the RSHE curriculum is healthy relationships, including:

- Friendships and families
- Growing and changing, including puberty
- Personal hygiene
- Changing feelings
- Becoming more independent
- Keeping safe
- Developing self-esteem and confidence

We would like to make you and aware that any safeguarding issues that arise from these lessons will be dealt with according to our safeguarding policies.

You do have the right to withdraw your child from sex education parts of RSHE lessons if you wish, but your child cannot be withdrawn from science lessons, which also covers reproduction. Further to this, it is important to note that Relationships and Sex Education is a statutory part of the curriculum in secondary education.

If you feel you would like further information you can contact the school either by telephone on 01257 230894 or email at [admin@waterloolodge.co.uk](mailto:admin@waterloolodge.co.uk)

If you wish for your child to be removed from the sex education in RSHE lessons, then please send a signed letter in writing to the school to request your child is removed from these lessons. I have included a copy of the school's RSHE policy for your convenience. If you have any comments or need clarification on the policy, please do not hesitate to contact me.

Yours sincerely,

Mr A. McGoldrick  
Deputy Head Teacher