

# Autumn Term Menu

## Autumn Term 1

### WEEK 1

#### Tuesday 2<sup>nd</sup> September

Main: Sausage, Mashed Potato and Yorkshire Pudding

Vegetarian: Vegetarian Sausage, Mashed Potato and Yorkshire Pudding

Jacket Potato with either Cheese, Beans, Tuna, or Cheese & Beans

Sandwich with Cheese, Tuna, Egg Mayonnaise or Ham

#### Wednesday 3<sup>rd</sup> September

Main: Spaghetti Bolognese

Vegetarian: Vegetarian Spaghetti Bolognese

Jacket Potato with either Cheese, Beans, Tuna, or Cheese & Beans

Sandwich with Cheese, Tuna, Egg Mayonnaise or Ham

#### Thursday 4<sup>th</sup> September

Main: Chicken Korma and Rice

Vegetarian: Vegetarian Chicken Korma and Rice

Jacket Potato with either Cheese, Beans, Tuna, or Cheese & Beans

Sandwich with Cheese, Tuna, Egg Mayonnaise or Ham

#### Friday 5<sup>th</sup> September

Hot dog with or without ketchup

Sandwich with Cheese, Tuna, Egg Mayonnaise or Ham

### WEEK 2

#### Monday 8<sup>th</sup> September

Main: Beef Stew and Mashed Potato

Vegetarian: Vegetarian Beef Stew and Mashed Potato

Jacket Potato with either Cheese, Beans, Tuna, or Cheese & Beans

Sandwich with Cheese, Tuna, Egg Mayonnaise or Ham

#### Tuesday 9<sup>th</sup> September

Main: Pepperoni Pizza

Vegetarian: Vegetarian Pizza

Jacket Potato with either Cheese, Beans, Tuna, or Cheese & Beans

Sandwich with Cheese, Tuna, Egg Mayonnaise or Ham

#### Wednesday 10<sup>th</sup> September

Main: Cheese and Onion Pie

Jacket Potato with either Cheese, Beans, Tuna, or Cheese & Beans

Sandwich with Cheese, Tuna, Egg Mayonnaise or Ham

#### Thursday 11<sup>th</sup> September

Main: Beef Hoisin Noodles

Vegetarian: Vegetarian Hoisin Noodles

Jacket Potato with either Cheese, Beans, Tuna, or Cheese & Beans

Sandwich with Cheese, Tuna, Egg Mayonnaise or Ham

**Friday 12<sup>th</sup> September**

Hot dog with or without ketchup  
Sandwich with Cheese, Tuna, Egg Mayonnaise or Ham

**WEEK 3**

**Monday 15<sup>th</sup> September**

Main: Chicken and Vegetable Pie with Mashed Potato  
Vegetarian: Vegetarian Chicken and Vegetable Pie with Mashed Potato  
Jacket Potato with either Cheese, Beans, Tuna, or Cheese & Beans  
Sandwich with Cheese, Tuna, Egg Mayonnaise or Ham

**Tuesday 16<sup>th</sup> September**

Main: Cottage Pie  
Vegetarian: Vegetarian Cottage Pie  
Jacket Potato with either Cheese, Beans, Tuna, or Cheese & Beans  
Sandwich with Cheese, Tuna, Egg Mayonnaise or Ham

**Wednesday 17<sup>th</sup> September**

Main: Homemade Soup and Sandwiches  
Vegetarian: Vegetarian Soup and Sandwiches  
Jacket Potato with either Cheese, Beans, Tuna, or Cheese & Beans  
Sandwich with Cheese, Tuna, Egg Mayonnaise or Ham

**Thursday 18<sup>th</sup> September**

Main: Tomato and Mascarpone Pasta  
Jacket Potato with either Cheese, Beans, Tuna, or Cheese & Beans  
Sandwich with Cheese, Tuna, Egg Mayonnaise or Ham

**Friday 19<sup>th</sup> September**

Hot dog with or without ketchup  
Sandwich with Cheese, Tuna, Egg Mayonnaise or Ham

**WEEK 4**

**Monday 22<sup>nd</sup> September**

Main: Lasagne and Garlic Bread  
Vegetarian: Vegetarian Lasagne and Garlic Bread  
Jacket Potato with either Cheese, Beans, Tuna, or Cheese & Beans  
Sandwich with Cheese, Tuna, Egg Mayonnaise or Ham

**Tuesday 23<sup>rd</sup> September**

Main: Chicken Nuggets, Chips and Beans  
Vegetarian: Vegetarian Chicken Nuggets, Chips and Beans  
Jacket Potato with either Cheese, Beans, Tuna, or Cheese & Beans  
Sandwich with Cheese, Tuna, Egg Mayonnaise or Ham

**Wednesday 24<sup>th</sup> September**

Main: Chilli Beef Nachos  
Vegetarian: Vegetarian Chilli Beef Nachos  
Jacket Potato with either Cheese, Beans, Tuna, or Cheese & Beans  
Sandwich with Cheese, Tuna, Egg Mayonnaise or Ham

**Thursday 25<sup>th</sup> September**

Main: Chicken and Stuffing Pie

Vegetarian: Vegetarian Chicken and Stuffing Pie

Jacket Potato with either Cheese, Beans, Tuna, or Cheese & Beans

Sandwich with Cheese, Tuna, Egg Mayonnaise or Ham

**Friday 26<sup>th</sup> September**

Hot dog with or without ketchup

Sandwich with Cheese, Tuna, Egg Mayonnaise or Ham

**WEEK 5 – BRITISH FOOD WEEK**

**Monday 29<sup>th</sup> September**

Main: Toad in the Hole, Mashed Potatoes and Gravy

Vegetarian: Vegetarian Toad in the Hole, Mashed Potatoes and Gravy

Jacket Potato with either Cheese, Beans, Tuna, or Cheese & Beans

Sandwich with Cheese, Tuna, Egg Mayonnaise or Ham

**Tuesday 30<sup>th</sup> September**

Main: Chicken Tikka Masala and Rice

Vegetarian: Vegetarian Chicken Tikka Masala and Rice

Jacket Potato with either Cheese, Beans, Tuna, or Cheese & Beans

Sandwich with Cheese, Tuna, Egg Mayonnaise or Ham

**Wednesday 1<sup>st</sup> October**

Main: Full English Breakfast

Vegetarian: Vegetarian Full English Breakfast

Jacket Potato with either Cheese, Beans, Tuna, or Cheese & Beans

Sandwich with Cheese, Tuna, Egg Mayonnaise or Ham

**Thursday 2<sup>nd</sup> October**

Main: Lancashire Hotpot

Vegetarian: Vegetarian Lancashire Hotpot

Jacket Potato with either Cheese, Beans, Tuna, or Cheese & Beans

Sandwich with Cheese, Tuna, Egg Mayonnaise or Ham

**Friday 3<sup>rd</sup> October**

Hot dog with or without ketchup

Sandwich with Cheese, Tuna, Egg Mayonnaise or Ham

**WEEK 6**

**Monday 6<sup>th</sup> October**

Main: Jerk Chicken and Rice

Vegetarian: Vegetarian Jerk Chicken and Rice

Jacket Potato with either Cheese, Beans, Tuna, or Cheese & Beans

Sandwich with Cheese, Tuna, Egg Mayonnaise or Ham

**Tuesday 7<sup>th</sup> October**

Main: Meatballs, Mashed Potatoes and Vegetables

Vegetarian: Vegetarian Meatballs, Mashed Potatoes and Vegetables

Jacket Potato with either Cheese, Beans, Tuna, or Cheese & Beans

Sandwich with Cheese, Tuna, Egg Mayonnaise or Ham

**Wednesday 8<sup>th</sup> October**

Main: Chicken Curry and Rice

Vegetarian: Vegetarian Chicken Curry and Rice

Jacket Potato with either Cheese, Beans, Tuna, or Cheese & Beans

Sandwich with Cheese, Tuna, Egg Mayonnaise or Ham

**Thursday 9<sup>th</sup> October**

Main: Macaroni Cheese

Jacket Potato with either Cheese, Beans, Tuna, or Cheese & Beans

Sandwich with Cheese, Tuna, Egg Mayonnaise or Ham

**Friday 10<sup>th</sup> October**

Hot dog with or without ketchup

Sandwich with Cheese, Tuna, Egg Mayonnaise or Ham

**WEEK 7**

**Monday 13<sup>th</sup> October**

Main: Shepherd's Pie and Vegetables

Vegetarian: Vegetarian Shepherd's Pie and Vegetables

Jacket Potato with either Cheese, Beans, Tuna, or Cheese & Beans

Sandwich with Cheese, Tuna, Egg Mayonnaise or Ham

**Tuesday 14<sup>th</sup> October**

Main: Pepperoni Pizza

Vegetarian: Cheese Pizza

Jacket Potato with either Cheese, Beans, Tuna, or Cheese & Beans

Sandwich with Cheese, Tuna, Egg Mayonnaise or Ham

**Wednesday 15<sup>th</sup> October**

Main: BBQ Pulled Pork Burgers and Wedges

Vegetarian: Vegetarian BBQ Pulled Pork Burgers and Wedges

Jacket Potato with either Cheese, Beans, Tuna, or Cheese & Beans

Sandwich with Cheese, Tuna, Egg Mayonnaise or Ham

**Thursday 16<sup>th</sup> October**

Main: Cheese and Onion Pie, Mashed Potatoes and Vegetables

Jacket Potato with either Cheese, Beans, Tuna, or Cheese & Beans

Sandwich with Cheese, Tuna, Egg Mayonnaise or Ham

**Friday 17<sup>th</sup> October**

Hot dog with or without ketchup

Sandwich with Cheese, Tuna, Egg Mayonnaise or Ham

## **Autumn Term 2**

### **WEEK 1**

#### **Monday 3<sup>rd</sup> November**

Main: Cheese and Bacon Burger with Wedges

Vegetarian: Cheese and Vegetarian Bacon Burger with Wedges

Jacket Potato with either Cheese, Beans, Tuna, or Cheese & Beans

Sandwich with Cheese, Tuna, Egg Mayonnaise or Ham

#### **Tuesday 4<sup>th</sup> November**

Main: Beef Korma and Rice

Vegetarian: Vegetarian Beef Korma and Rice

Jacket Potato with either Cheese, Beans, Tuna, or Cheese & Beans

Sandwich with Cheese, Tuna, Egg Mayonnaise or Ham

#### **Wednesday 5<sup>th</sup> November**

Main: Lasagne and Garlic Bread

Vegetarian: Vegetarian Lasagne and Garlic Bread

Jacket Potato with either Cheese, Beans, Tuna, or Cheese & Beans

Sandwich with Cheese, Tuna, Egg Mayonnaise or Ham

#### **Thursday 6<sup>th</sup> November**

Main: Macaroni Cheese

Jacket Potato with either Cheese, Beans, Tuna, or Cheese & Beans

Sandwich with Cheese, Tuna, Egg Mayonnaise or Ham

#### **Friday 7<sup>th</sup> November**

Hot dog with or without ketchup

Sandwich with Cheese, Tuna, Egg Mayonnaise or Ham

### **WEEK 2**

#### **Monday 10<sup>th</sup> November**

Main: Spaghetti Bolognese

Vegetarian: Vegetarian Spaghetti Bolognese

Jacket Potato with either Cheese, Beans, Tuna, or Cheese & Beans

Sandwich with Cheese, Tuna, Egg Mayonnaise or Ham

#### **Tuesday 11<sup>th</sup> November**

Main: Cheese and Onion Pie, Mashed Potatoes and Vegetables

Jacket Potato with either Cheese, Beans, Tuna, or Cheese & Beans

Sandwich with Cheese, Tuna, Egg Mayonnaise or Ham

#### **Wednesday 12<sup>th</sup> November**

Main: Hunter Chicken, Mashed Potatoes and Vegetables

Vegetarian: Vegetarian Hunter Chicken, Mashed Potatoes and Vegetables

Jacket Potato with either Cheese, Beans, Tuna, or Cheese & Beans

Sandwich with Cheese, Tuna, Egg Mayonnaise or Ham

#### **Thursday 13<sup>th</sup> November**

Main: Hoisin Noodles

Jacket Potato with either Cheese, Beans, Tuna, or Cheese & Beans

Sandwich with Cheese, Tuna, Egg Mayonnaise or Ham

**Friday 14<sup>th</sup> November**

Hot dog with or without ketchup  
Sandwich with Cheese, Tuna, Egg Mayonnaise or Ham

**WEEK 3**

**Monday 17<sup>th</sup> November**

Main: Pepperoni Pizza  
Vegetarian: Cheese Pizza  
Jacket Potato with either Cheese, Beans, Tuna, or Cheese & Beans  
Sandwich with Cheese, Tuna, Egg Mayonnaise or Ham

**Tuesday 18<sup>th</sup> November**

Main: Jerk Chicken with Mashed Potato  
Vegetarian: Vegetarian Jerk Chicken with Mashed Potato  
Jacket Potato with either Cheese, Beans, Tuna, or Cheese & Beans  
Sandwich with Cheese, Tuna, Egg Mayonnaise or Ham

**Wednesday 19<sup>th</sup> November**

Main: Full English Breakfast  
Vegetarian: Vegetarian Full English Breakfast  
Jacket Potato with either Cheese, Beans, Tuna, or Cheese & Beans  
Sandwich with Cheese, Tuna, Egg Mayonnaise or Ham

**Thursday 20<sup>th</sup> November**

Main: Tomato and Mascarpone Pasta  
Jacket Potato with either Cheese, Beans, Tuna, or Cheese & Beans  
Sandwich with Cheese, Tuna, Egg Mayonnaise or Ham

**Friday 21<sup>st</sup> November**

Hot dog with or without ketchup  
Sandwich with Cheese, Tuna, Egg Mayonnaise or Ham

**WEEK 4**

**Monday 24<sup>th</sup> November**

Main: Chili Beef Nachos  
Vegetarian: Vegetarian Chili Beef Nachos  
Jacket Potato with either Cheese, Beans, Tuna, or Cheese & Beans  
Sandwich with Cheese, Tuna, Egg Mayonnaise or Ham

**Tuesday 25<sup>th</sup> November**

Main: Cottage Pie with Vegetables  
Vegetarian: Vegetarian Cottage Pie with Vegetables  
Jacket Potato with either Cheese, Beans, Tuna, or Cheese & Beans  
Sandwich with Cheese, Tuna, Egg Mayonnaise or Ham

**Wednesday 26<sup>th</sup> November**

Main: Chicken Roast Dinner  
Vegetarian: Vegetarian Chicken Roast Dinner  
Jacket Potato with either Cheese, Beans, Tuna, or Cheese & Beans  
Sandwich with Cheese, Tuna, Egg Mayonnaise or Ham

**Thursday 27<sup>th</sup> November**

Main: Beef Stroganoff with Mashed Potatoes  
Vegetarian: Vegetarian Beef Stroganoff with Mashed Potatoes  
Jacket Potato with either Cheese, Beans, Tuna, or Cheese & Beans  
Sandwich with Cheese, Tuna, Egg Mayonnaise or Ham

**Friday 28<sup>th</sup> November**

Hot dog with or without ketchup  
Sandwich with Cheese, Tuna, Egg Mayonnaise or Ham

**WEEK 5 – JAMAICAN WEEK**

**Monday 1<sup>st</sup> December**

Main: Jerk Sweet Potato Curry  
Jacket Potato with either Cheese, Beans, Tuna, or Cheese & Beans  
Sandwich with Cheese, Tuna, Egg Mayonnaise or Ham

**Tuesday 2<sup>nd</sup> December**

Main: Reggae Reggae Beef Nachos  
Vegetarian: Vegetarian Reggae Reggae Beef Nachos  
Jacket Potato with either Cheese, Beans, Tuna, or Cheese & Beans  
Sandwich with Cheese, Tuna, Egg Mayonnaise or Ham

**Wednesday 3<sup>rd</sup> December**

Main: Jerk Chicken Pizza  
Vegetarian: Jerk Vegetable Pizza  
Jacket Potato with either Cheese, Beans, Tuna, or Cheese & Beans  
Sandwich with Cheese, Tuna, Egg Mayonnaise or Ham

**Thursday 4<sup>th</sup> December**

Main: Jerk Chicken and Rice  
Vegetarian: Vegetarian Jerk Chicken and Rice  
Jacket Potato with either Cheese, Beans, Tuna, or Cheese & Beans  
Sandwich with Cheese, Tuna, Egg Mayonnaise or Ham

**Friday 5<sup>th</sup> December**

Hot dog with or without ketchup  
Sandwich with Cheese, Tuna, Egg Mayonnaise or Ham

**WEEK 6**

**Monday 8<sup>th</sup> December**

Main: Chicken Kebab with Wedges  
Vegetarian: Vegetarian Chicken Kebab with Wedges  
Jacket Potato with either Cheese, Beans, Tuna, or Cheese & Beans  
Sandwich with Cheese, Tuna, Egg Mayonnaise or Ham

**Tuesday 9<sup>th</sup> December**

Main: Sweet and Sour Chicken with Rice  
Vegetarian: Vegetarian Sweet and Sour Chicken with Rice  
Jacket Potato with either Cheese, Beans, Tuna, or Cheese & Beans  
Sandwich with Cheese, Tuna, Egg Mayonnaise or Ham

**Wednesday 10<sup>th</sup> December**

Main: Hunters Chicken with Mashed Potatoes and Vegetables  
Vegetarian: Vegetarian Hunters Chicken with Mashed Potatoes and Vegetables  
Jacket Potato with either Cheese, Beans, Tuna, or Cheese & Beans  
Sandwich with Cheese, Tuna, Egg Mayonnaise or Ham

**Thursday 11<sup>th</sup> December**

Main: Macaroni Cheese  
Jacket Potato with either Cheese, Beans, Tuna, or Cheese & Beans  
Sandwich with Cheese, Tuna, Egg Mayonnaise or Ham

**Friday 12<sup>th</sup> December**

Hot dog with or without ketchup  
Sandwich with Cheese, Tuna, Egg Mayonnaise or Ham

**WEEK 7**

**Monday 15<sup>th</sup> December**

Main: Cottage Pie with Vegetables  
Vegetarian: Vegetarian Cottage Pie with Vegetables  
Jacket Potato with either Cheese, Beans, Tuna, or Cheese & Beans  
Sandwich with Cheese, Tuna, Egg Mayonnaise or Ham

**Tuesday 16<sup>th</sup> December**

Main: Festive Afternoon Tea  
Vegetarian: Vegetarian Festive Afternoon Tea  
Jacket Potato with either Cheese, Beans, Tuna, or Cheese & Beans  
Sandwich with Cheese, Tuna, Egg Mayonnaise or Ham

**Wednesday 17<sup>th</sup> December**

Main: Macaroni Cheese with Garlic Bread  
Vegetarian: Jerk Vegetable Pizza  
Jacket Potato with either Cheese, Beans, Tuna, or Cheese & Beans  
Sandwich with Cheese, Tuna, Egg Mayonnaise or Ham

**Thursday 18<sup>th</sup> December**

Main: Christmas Dinner  
Vegetarian: Vegetarian Christmas Dinner  
Jacket Potato with either Cheese, Beans, Tuna, or Cheese & Beans  
Sandwich with Cheese, Tuna, Egg Mayonnaise or Ham

**Friday 19<sup>th</sup> December**

Hot dog with or without ketchup  
Sandwich with Cheese, Tuna, Egg Mayonnaise or Ham