Waterloo Lodge School Lunch Menu; Week 1									
Monday	**Allergens**	**Tuesday**	**Allergens**	**Wednesday**	**Allergens**	**Thursday**	**Allergens**	**Friday**	**Allergens**
Main		Main		Main		Main		Main	
Jerk chicken and rice Quorn jerk chicken and rice	 Egg	Pork roast dinner Roast potatoes Mixed vegetables Gravy Quorn roast dinner Roast potatoes Mixed vegetables Gravy	 Soya, milk Egg Soya, milk	Chilli Nachos Veggie mince chilli and nachos	May contain Nuts, Egg, Fish, Milk, Soya, Wheat and Mustard. Barley, Eggs May contain Nuts, Egg, Fish, Milk, Soya, Wheat and Mustard.	Creamy Tomato Pasta Bake Cheddar cheese Salad	Eggs, Milk Wheat	Sausage sandwich Quorn sausage sandwich	Wheat, Soya May Contain: Milk, Sesame Barley, Eggs, Wheat, Soya May Contain: Milk, Sesame
Dessert		Dessert		Dessert		Dessert		Dessert	
Oat Flapjack Fruit	Milk, Oats May Contain: Nuts	Jelly Fruit		Apple strudel Custard Fruit	Wheat May Contain: Nuts, Milk, Eggs Milk	Chocolate swiss roll Raspberry swiss roll Fruit	Milk, Eggs, Soya, Wheat May Contain: Nuts	Angel Cake Slices Fruit	Milk, Soya, Wheat, Eggs May Contain: Nuts

Waterloo Lodge School Lunch Menu; Week 2									
Monday	**Allergens**	**Tuesday**	**Allergens**	**Wednesday**	**Allergens**	**Thursday**	**Allergens**	**Friday**	**Allergens**
Main		Main		Main		Main		Main	
Chicken Curry & Rice Quorn curry and rice	Milk May also contain Nuts, Egg, Fish, Milk, Soya, Wheat and Mustard. Egg Milk May also contain Nuts, Fish, Soya, Wheat and Mustard.	Lasagne Veggie mince lasagne Garlic Bread	Wheat, Milk Barley, Eggs	Chicken and Veg Fajita Quorn and veg fajita Chips Salad	Wheat May Contain: Oats, Barley, Rye Egg, Wheat May Contain: Oats, Barley, Rye	Cheese and Onion Pie Vegetables Mash Gravy	Wheat, Milk, soya	**Beef Burger** ASDA frozen beef burgers Warburtons bread rolls Tomato ketchup	Wheat Milk
Dessert		Dessert		Dessert		Dessert		Dessert	
Iced Fairy Cakes Fruit	Soya, Eggs, Wheat, Milk May Contain: Nuts	Fruit Yoghurt Fruit	Milk	Raspberry sponge pudding Custard Fruit	Wheat, Eggs, Milk May Contain: Nuts	Chocolate Crispy Cake	Soya, Milk Barley May Contain: Nuts, Oats, Wheat, Soya, Milk, Rye, Eggs	Cadbury's chocolate Mini Roll Fruit	Milk, Eggs, Soya, Wheat May Contain: Nuts

Waterloo Lodge School Lunch Menu; Week 3									
Monday	**Allergens**	**Tuesday**	**Allergens**	**Wednesday**	**Allergens**	**Thursday**	**Allergens**	**Friday**	**Allergens**
Main		Main		Main		Main		Mail	
Chicken Pie Quorn Pie Roast potatoes Vegetables Gravy	Milk, Wheat, Soya Eggs	Sausage and Mash Quorn sausage and Mash Vegetables	Milk, Wheat, Soya Barley, Eggs, Wheat Milk, Soya	Spaghetti Bolognaise Veggie mince spaghetti bolognaise	Wheat Barley, Eggs	Pitta Pizza Potato wedges Salad	Wheat May Contain: Milk, Rye, Barley, Oats Milk	**Chicken burger** ASDA frozen breaded chicken burger Warburtons bread rolls	Wheat, Soya May Contain: Milk, Sesame
Dessert		Dessert		Dessert		Dessert		Dessert	
Angel delight Milk Fruit	Milk	Madeira cake Fruit	Wheat, Eggs, Milk May Contain: Nuts	Chocolate fudge cake Custard Fruit	Wheat, Milk, Soya, Eggs May Contain: Nuts	ASDA Choc Ice Fruit	Milk, Soya May Contain: Nuts	Kit Kat Fruit	Wheat, Milk

Allergen information is correct at the time of publication but recipes and ingredients may change. Please contact the school office or catering team if your child has specific dietary requirements or allergies.